



MEDIA RELEASE

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Lakes Entrance residents will soon have access to after-hour health services including physiotherapy, podiatry and exercise physiology at Gippsland Lakes Community Health (GLCH) site in Jemmeson Street commencing Thursday 1 September.

The after-hours services are specifically aimed at treating clients who work during the day, secondary students who commute from Bairnsdale and Sale, and others who for a variety of reasons - cannot attend GLCH's services inside normal business hours.

"We're very excited to be able to extend our operating hours to 7.30 on Thursday evenings to provide a more accessible service to the whole of the community," said Angela Ellis, executive manager of community health services at GLCH.

"This is something we have wanted to do for a long time and are now in the position to do. Many people have not been able to receive the optimal rehabilitation following an accident or injury due the restricted hours of service available," explained Angela.

"You don't need a referral from your doctor to attend our services - anyone can make an appointment to see us including people with private health cover, DVA, TAC, Workcover, Medicare referrals, or self referrals."

Select exercise sessions and planned activity groups are also extending their hours.

GLCH is also happy to launch their new program 'The Lounge'. The Lounge supports young adults with special needs by giving them an opportunity to create and maintain friendships by providing a range of social and leisure activities. The group is as inclusive as possible and gives participants the chance to access activities in their community, within a safe and supportive environment.

For more information about GLCH's after- hour's services or to book an appointment, please contact community health services reception.